



Pt. 3 Find Your Joy

1) JETTISON _____

“One thing I do is to forget what is behind me and do my best to reach what is ahead.” — Philippians 3:13b (Good News)

2) OMIT _____

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.” — Philippians 4:6 (New Living Translation)

3) YIELD _____

*“For me to live is Christ...”
— Philippians 1:21 (NIV)*

*“My only purpose in life is to please Him.”
— 2 Timothy 1:3 (Living Bible)*

*“Give yourselves completely to God – every part of you...to be tools in the hand of God, to be used for His good purposes.”
— Romans 6:13b (Living Bible)*

4) FOCUS _____

“Fix your thoughts on what is true and honorable and right. Think about things that are pure and lovely and admirable. Think about things that are excellent and worthy of praise.” Philippians 4:8 (New Living Translation)

5) USE _____

*“Dear brothers and sisters, I love you and long to see you, for you are my joy and the reward for my work.”
— Philippians 4:1 (New Living Translation)*

*“For to me, living means opportunities for Christ, and dying – well, that’s better yet! But if living will give me more opportunities to win people to Christ, then I really don’t know which is better, to live or die! Sometimes I want to live, and at other times I don’t, for I long to go and be with Christ. How much happier for me than being here! But the fact is that I can be of more help to you by staying!”
— Philippians 3:21-24 (Living Bible)*

6) LEARN _____

*“I have learned to be content whatever the circumstances.”
— Philippians 4:11 (NIV)*