

Walking with Jesus this week

MONDAY 08/05/19

Find a quiet space, outside if possible.

Read Genesis 6:5-7.

Look around you at all creation's beauty. Imagine everything destroyed in the flood. Imagine God's grief that would cause God to destroy this beauty. Take a deep breath. Drink in the beauty.

TUESDAY 08/06/19

Read Exodus 3:7-12.

God says: "I have observed...I have heard...I know...I have come down." Think about this vulnerability of God, to respond to human misery and suffering. Do you know someone lonely or sad? Write a note. Pick-up the phone.

WEDNESDAY 08/07/19

Read Ephesians 4:29-32.

How is it that you and I might 'grieve the Holy Spirit'? How do you think about this 'divine' experience of grief? Is there a relationship that needs mending?

THURSDAY 08/08/19

Is there such a thing as 'cosmic grief'?

Read Romans 8:18-25.

Around the world we hear of increasing and destructive weather conditions and we search for reasons. Have a conversation with a friend on actions that will diminish our human imprint.

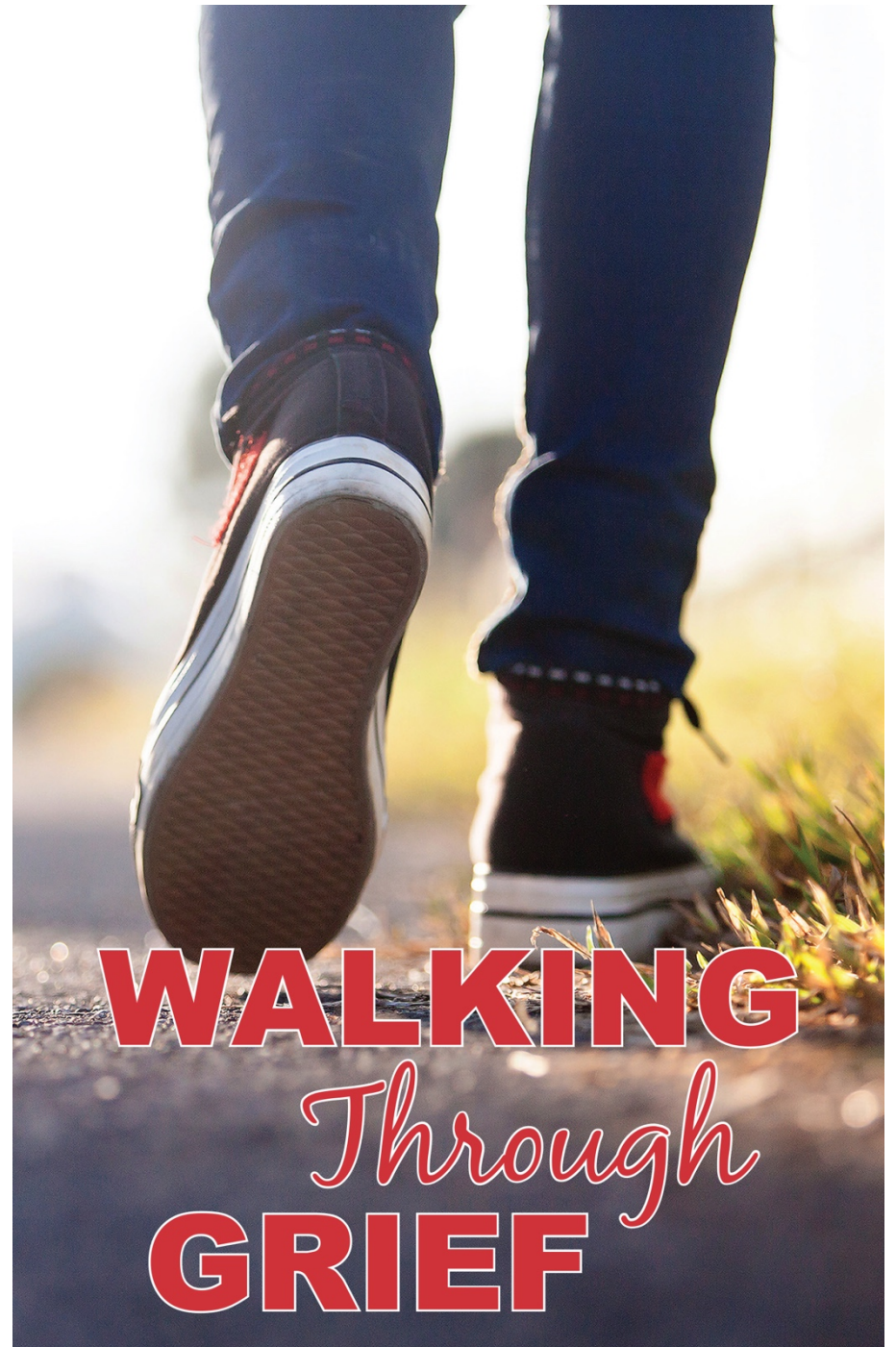
FRIDAY 08/09/19

The Bible clearly records Jesus' experiences of grief: John 11:35: Jesus wept at the death of his friend Lazarus; also in Matthew 26:38: 'I am deeply grieved...' as he faces the forces that were about to crucify him. From his own experience, Jesus knows about our human times of grieving. Find a flower. Jesus loves you. Walk with him.

SATURDAY 08/10/19

Time to think about the aspect of cosmic joy!

Read Psalm 148, one of the five 'hallelujah' psalms that close this book. Take time, in prayer, to tell God all that you hope for, as you walk through any aspect of sorrow and/or grief, doubts and fears.



WALKING THROUGH GRIEF

Pt. 1 Walking Through Cosmic/Divine Grief

Aug 3 & 4, 2019

Pastor Margo R. Martens

WALKING THROUGH GRIEF

- Aug 3 & 4: Walking Through Cosmic/Divine Grief
- Aug 10 & 11: Walking Through National Grief
- Aug 17 & 18: Walking Through Community Grief
- Aug 24 & 25: Walking Through Familial Grief
- Aug.31 & Sept 1: Walking Through Personal Grief

Looking ahead.....

GRIEF SUPPORT GROUPS

- 4-Session Series
- Offered twice each Thursday
- 1-2:30pm and 5:30-7pm
- Sept 19 & 26; Oct 3 & 10
- Contact Pastor Margo to register
608.843.3245
margo@bethel-madison.org

Rebuilding at Bethel:

Support when your relationship ends

Call Margaret Lambert (608.204.6076)
John Neupert (608.852.3239)