

## **Walking with Jesus this week**

### **MONDAY 6/24/19**

Read Genesis 2:24. Find time to look through some old family photos of when you were a child. Think back how you have changed. Where did you let go of something or walk away from someone?

### **TUESDAY 6/25/19**

Read Exodus 33:1. Light a scented candle in a room by yourself. Close your eyes. Smell the fragrance. Search your heart with the question: What might God be calling me to leave behind?

### **WEDNESDAY 6/26/19**

Read Exodus 3:1. Take a walk in nature. Find a place that is wild. Get away from traffic. Leave behind your phone. Pick up a rock or stick. Rub it. Smell it. Study it. Ask God to open your eyes to something holy.

### **THURSDAY 6/27/19**

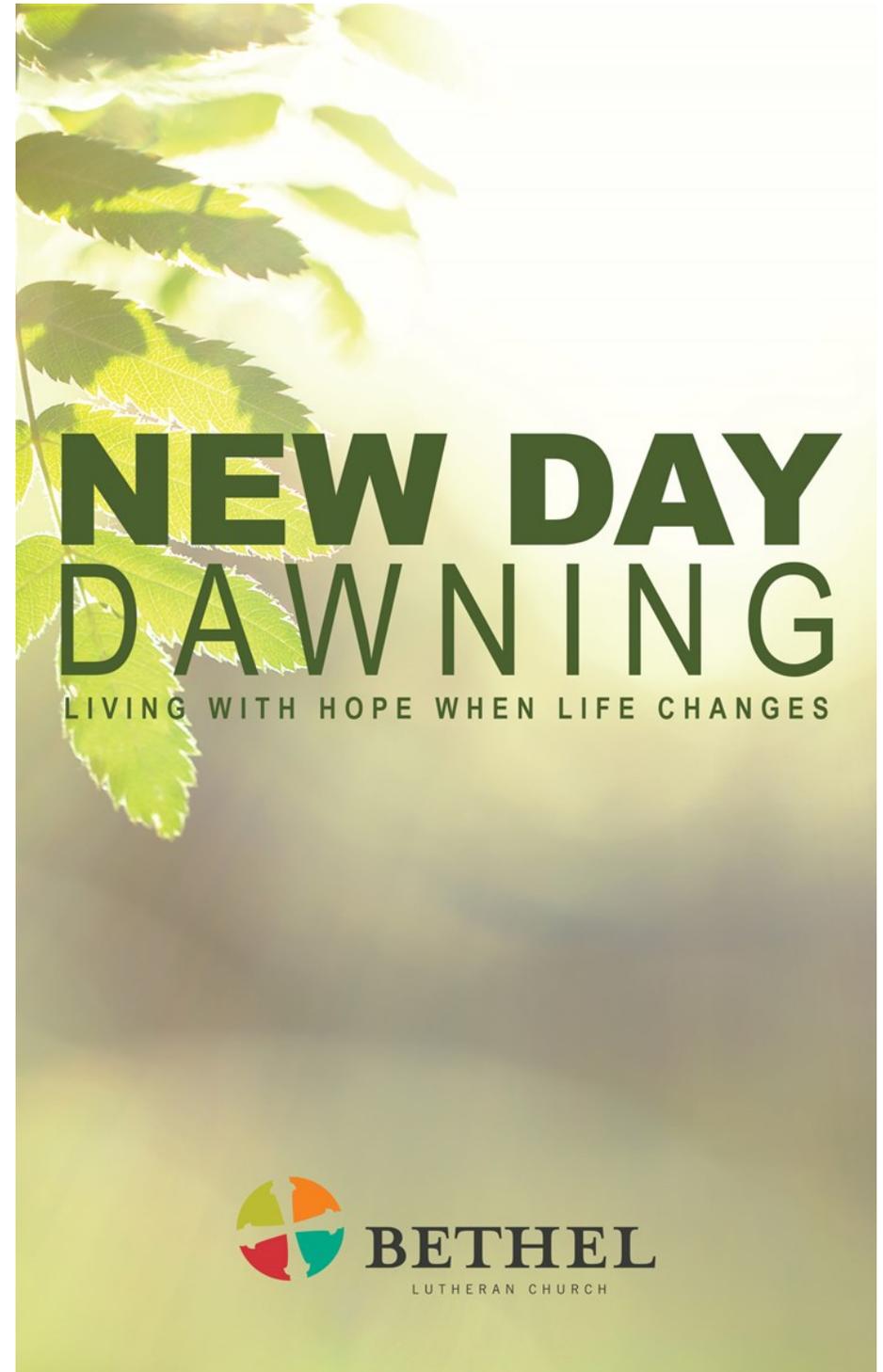
Read Exodus 14:2. Turn out the lights. Sit in a soft place. Remember when you felt exposed or at risk. When were you in the wilderness spiritually, mentally, emotionally? How did you find your way? Take time to thank God for being with you.

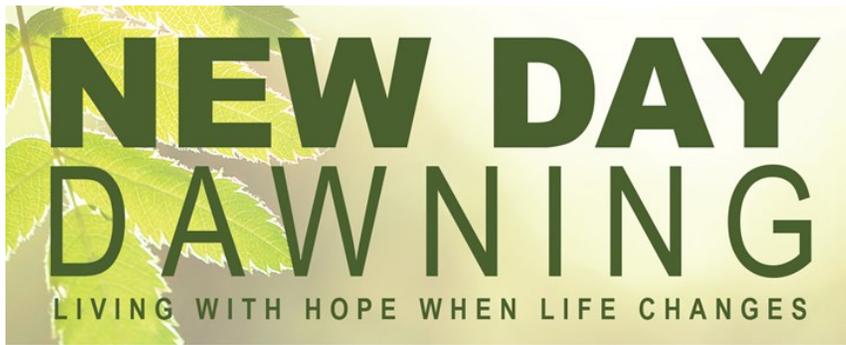
### **FRIDAY 6/28/19**

Read Numbers 13:27. Sit down to a good meal. Fill a table with rich delicious food. Enjoy the colorful combinations. Smell the joy. Savor the flavor. Remember that God is the great host of feasts, banquets, and goodness. Speak to God what feeds your soul. Ask for it. Then, wait.

### **SATURDAY 6/29/19**

Read Psalm 23:5. Pour yourself a glass of wine, lemonade, or something pleasant. Sit or lay in the sun. Feel the rays warm your skin. Enjoy your drink. Relax. Doze in and out mindful that God is watching over you.





## **Pt. 2 The Three Steps Forward**

June 22 & 23, 2019

Pastor Mike Brown

### **1) The step \_\_\_\_\_**

*"Now the LORD said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you.'"*

—Genesis 12:1 (NRSV)

*"Then [Jesus and his disciples] arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs.... So he went away, proclaiming throughout the city how much Jesus had done for him."*

—Luke 8:26-27 (NRSV)

*"[Elijah] asked that he might die: 'It is enough; now, O LORD, take away my life, for I am no better than my ancestors.'"*

—1 Kings 19:1-4 (NRSV)

### **2) The step into \_\_\_\_\_**

*"So God led the people by the roundabout way of the wilderness toward the Red Sea."*

—Exodus 13:18 (NRSV)

*"I didn't go up to Jerusalem to consult with those who were apostles before I was. No, I went away into the deserts of Arabia and then came back to the city of Damascus."*

—Galatians 1:17 (Living Bible)

### **3) The step into \_\_\_\_\_**

*"Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus."*

—Philippians 3:13-14 (NRSV)

*"Do not cling to events of the past or dwell on what happened long ago. Watch for the new thing I am going to do. It is happening already—you can see it now!"*

—Isaiah 43:18-19 (Good News)

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*"Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me."*

—Psalm 23:4 (King James)

*"For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, <sup>39</sup> nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord."*

—Romans 8:38-39 (NRSV)

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#### *This Series*

June 16: Why You Can Hope for Better

June 23: The Three Steps Forward

June 30: Learning to Let Go

July 7: When You're in the Middle of Nowhere

July 14: Finding the Dawn of Your New Day