

Bethelite

A publication of Bethel Lutheran Church distributed twice monthly.



bethelmadison.org/bethelite

In 1972 a twenty-nine-year-old man named Jim Croce wrote a song called "Time in a Bottle." It included in the lyrics:

"If I could save time in a bottle
The first thing that I'd like to do
Is to save every day
'Til eternity passes away.

But there never seems to be enough time
To do the things you want to do
Once you find them."

Ironically, for Croce there wasn't enough time to do everything he wanted to do on earth. On September 20, 1973, at the age of thirty, he died in a tragic plane crash in Natchitoches, Louisiana. He was inducted into the songwriter's hall of fame in 1990, as the musical world recognized his short-term legacy of life.

I have long held on these words and the story as a reminder to "make the most of my time" here on earth. At the same time, as a Lutheran Christian I believe that God has more than time here in store for us. Eternity will never pass away! For me as a pastor it is a lot like going through Lent and Easter each year. In the church this twin season is the most valuable time of the year. Yet how often do we as pastors and laypeople "blow it off" as just another annual time of the year. We have this gift of time during Lent this year beginning on March 6 with Ash Wednesday and lasting through Easter Sunday, April 21. It can be valuable time we can use to reflect on our relationship to God and on how

we are either growing or stagnating, how we can be reconciled to God and to one another. It can be a significant time to align our life's journey with Jesus, to realize that as baptized children of God we can be Christ to others. It can be an opportunity to begin to make each day count, knowing that "now is the time for us to use what God has given us to give glory to God and to care for our neighbors.

I would suspect that although we might begin well to value this next 40 to 50-day period of our lives, we may let it whisk away like "sand through an hourglass." After all, time is a commodity that we have a hard time valuing. Young people seem to have too much of it ("I'm bored!") and old people seem to have too little. It may be a mark of our sin that we are never quite satisfied with time. So, it might be helpful to reflect on how Lent can help us get a handle on this time in our life. Lent comes from a word that means "lengthening of days." Even as we move toward Easter, we know we will be experiencing more daylight. In Christianity, as in many other religions, it is helpful for us to have an annual day to take stock of who we are—before God and with others. Ash Wednesday is our time to "remember you are dust and to dust you shall return." We need to be ready at any and all times for our last days in this world. At the same time, after getting set right in our view of life, we can use the next thirty-nine days (plus six Sundays) to discover how we can grow in our life as we have it. This year at Bethel we will have the life of

the apostle Paul and the book of Acts to reflect on as Scripture. Lent ends with Holy Week where we will turn toward reflecting on Jesus' shortened life and the meaning of the Cross for you and me.

A former parishioner of mine used to start all of his own plants from little seeds in his own nursery. I think of this as a good analogy for the growth that takes place in us each and every Lent/Easter. It is as if we are beginning all over again. As we immerse ourselves in the Word and the journey, we will emerge in Easter with newness—new thoughts, new hopes and perhaps a new appreciation for time. All will lead us to appreciating what God did for us in Jesus—reconciling us to God's self—as well as what we are called to do in our lives—be ministers of reconciliation with others.

"Now is the time for all good men to come to the aid of their party." These words many of us who are baby boomers first typed in our "keyboarding" classes. I would like to rephrase these words to state what is relevant for us during this special time of Lent we have been given this year during March and April. "Now is the time for all good people to use for growing for themselves and for their church and community." May we do this, as we truly value our time here, and as we trust in God's gift of eternity. 🌈

—Pastor Roger H. Black

Understanding Community Supervision

March 10 | 10:15am
Borgwardt Hall



The majority of people serving sentences for criminal behavior are not in jails and prisons: they are living in the community, being supervised on probation or post-prison supervision. Although community supervision is often seen as an alternative to incarceration, the relationship between prison rates and community supervision rates is complicated. In the first of two C4SJ sessions on understanding the current state of the criminal justice system in Wisconsin, this forum will explain

how community supervision is structured, how it is experienced by those under supervision, and what can be done to improve its quality and success.

Prof. Klingele teaches criminal law, policing, sentencing and corrections. Her research on criminal justice administration focuses on community supervision and has led her to the conclusion that the criminal justice system needs more than reform; it requires reimagining. She has examined ways of easing the community trauma and expense of incarceration while maintaining public safety. Klingele has held various national leadership positions in academic law groups and has served as law clerk for US District Court and Appeals Court judges and for US Supreme Court Judge John Paul Stevens. Six children at home is protection against boredom! 🌈



Join us at Bethel Horizons starting the evening of Friday April 26 through lunch on Sunday April 28 in the beautiful Prairie Center. Bethel Horizons is located on more than 548 acres bordering Governor Dodge State Park in Dodgeville, Wisconsin.

Everyone and all ages are welcome. Come for the whole weekend or just a day. We will have various activities to choose from. These include: art projects in the Adamah Art Studio, going on a nature hike to one of the amazing cliffs, yoga, campfires, stories, s'mores and much more.

In addition, we have an honored opportunity that was just added to the "Easter at Horizons" event. We are excited to announce that Michael Brandwein, internationally acclaimed educator and speaker, will offer a Parenting Workshop on Sat, April 27. Michael wrote and presented three Emmy® award-winning television programs called Parenting Puzzle. He will be speaking from his new book "Growing Great Quality in Kids". Michael believes that simply saying "Be nice!" and "Show some respect!" doesn't work. He hopes to discuss with us what to say and do to successfully build respect, responsibility, confidence, kindness, persistence, creativity, and more in kids of all ages.

Information on registering will be coming soon. If you have any questions, please contact Kelly Knueve at kellyknueve@gmail.com or 608.219.7078. 🌈

Empowering People to Break the Bias Habit: Creating Inclusion and Reducing Bias

A Bethel “Caring for Social Justice” Sponsored Workshop

Saturday, March 2, 2019 | 1:30-4:30pm

Borgwardt Hall, Bethel Lutheran Church, Madison, WI

- No Cost but Registration Required at www.bethel-madison.org/breakingbias
- Free will offering accepted
- Free childcare available
- Community participation encouraged

People can act biased without realizing it. We unconsciously acquire attitudes, beliefs or behaviors – prejudices, stereotypes, discriminatory practices – that interfere with interpersonal and intergroup relations.

Vulnerable to bias...who, ME?

This Workshop is based on the idea that bias is a habit. And like all habits, it can be broken.
That’s a good thing!

It is based on Dr. Patricia Devine’s pioneering research (1989) into developing strategies to diminish bias and promote diversity. The results achieved by Drs. Devine and Cox are scientifically based – shown experimentally to produce lasting bias-reducing effects. Their research has investigated the multiple sources and factors influencing the development and durability of stereotypes and prejudice.

Behavioral change can occur if participants invest in the habits of change the Workshop outlines.

- Motivation to address personal bias
- Awareness: Recognition and labeling of biased thinking
- Strategies to confront unwanted, non-inclusive habits
- Practice: Effort over time

Learn how bias is spread and how to make unconscious patterns conscious and intentional. All are invited to learn with us eye-opening insights in a self-discovery journey toward a more welcoming, inclusive community.



Patricia G. Devine, Ph.D.
Professor and Lab Director
UW Department of Psychology

Dr. Devine’s work is interested in how people manage the intrapersonal and interpersonal challenges associated with prejudice in our contemporary society. She is an internationally recognized expert in the scientific study of stereotyping, prejudice, and intergroup relations.



William T. L. Cox, Ph.D.
Assistant Scientist
UW Department of Psychology

Dr. Cox is a social psychologist whose scientific research has investigated the sources of stereotypes and prejudice – cultural, social, cognitive and neural mechanisms – leading to evidence-based ways to break the prejudice habit. Cox argues that understanding these bias perpetuation mechanisms is key to overcoming bias.

www.bethel-madison.org/breakingbias

Let the little children come to me (Matthew 19:14)



On February 10 several of our Bethel children held a bake sale to benefit Bethel's Homeless Ministry. The idea was entirely their own. Along with parents, the children planned, baked and staffed the bake sale (approx 20 families involved). They far exceeded what they had hoped to achieve (around \$800 was raised). Those of us who volunteer with the Homeless Ministry want to salute these children for believing they could make a difference! Though they are yet children, their act of giving taught us the power of the Gospel. Thank you to all involved. Thanks also to all the generous supporters who purchased the wonderful baked goods! 🌈

—Bev Thom
Homeless Ministry Volunteer Leader



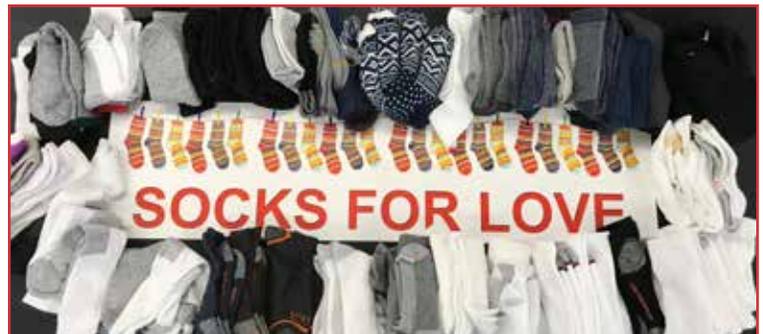
Welcome Judy Armelin



We welcome Judy Armelin our new Ministry Support Specialist. Judy is a teacher whose career has included teaching low-functioning, non-verbal autistic children, Middle School health, and Elementary Physical Education. She has a BA in Health/Physical Education from Glassboro State College (Rowan University) in New Jersey, and a MA in Health Education and Health Administration from St. Joseph's University in Pennsylvania. Judy was a Franciscan sister for 12 years and continues to minister to others as a Reiki Master/Teacher. She is a graduate of the New England Synod School of Lay Ministry and has been the Dean of the New England School of Lay Ministry since 2009. 🌈

Bishop Visiting Bethel

Bishop Viviane Thomas-Breitfeld, the presiding bishop of our South-Central Synod of Wisconsin based here in Madison, will preach at all four weekend worship services at Bethel on March 16 & 17. She will also invite everyone to: 'Talk with the Bishop' during our educational forum time at 10:15am. Please worship with us and meet our bishop! 🌈



On behalf of the Compassion Circle, we would like to thank the Bethel community for your generous support and response to the socks for the homeless ministry. We received 351 pairs! Aaaaaaamen! 🌈

Ash Wednesday Worship - March 6



12-1pm – Worship in the Sanctuary
5:30pm – Fish Fry in Borgwardt Hall (\$10)
7-8pm – Worship in the Sanctuary

Our Ash Wednesday worship times include the opportunity for worshipers to receive the imposition of ashes on your forehead, as well as confession of sin, and the Sacrament of Holy Communion.

Ash Wednesday officially marks the beginning of our 6-week Lenten Season. Each Wednesday in Lent (Mar 13-Apr 10), Noon and evening food fellowship, worship and Bible study will be offered (Noon - Worship; 12:30pm - Soup & Sandwich; 5:30pm - Soup & Sandwich; 6:15pm - Worship; 6:45pm - Bible Study). Faithful observance of this annual season of confession, repentance and spiritual discipleship is an important focus of our ministry together here at Bethel Lutheran. Watch for all the details in a Lenten mailing being sent to you next week. 🌈

Humans of Bethel



From our snow day on Feb 12: Our son was ready to play in the snow by 7am. He didn't want to go out and play by

himself but his parents needed a break after already clearing the driveway. Suddenly he says "Wait! God's out there!" And off he went. When he came back inside he said "Mom, ask me how it was playing with God outside?"

We share this story both in hopes it will bring a smile to you too but also as a thank you to everyone at Bethel. Our children know they are loved by God and they can turn to God when they need something. This is what we wanted for our children in their "church" experience. Bethel, thank you for being a part of our family's "village." All of you are special to us. 🌈

Ministry Team Sundays

Worship is a gift from God, where we gather to hear God's Word, and to sing and pray together. We pray that our worship time brings blessings to each person here, even as your very presence is a blessing to everyone.

Along with the central importance of worship here at Bethel, our ministry is carried out all during the week by ministry and resource teams. Many of you ask questions about the work of these teams.

It is important for you to hear about the work of these teams. Thus, we began on Feb 16 & 17 including in our worship time an opportunity for our five ministry teams to speak to you, as listed below:

Feb 16 & 17 - Lifelong Learning Team
Mar 9 & 10 - Community and Nurturing Teams
Mar 30 & 31 - Serving and Worship Teams

Our format for worship for these three weekends is designed to allow time for these important mission messages from our teams.

Thanks, in advance, to each ministry team and their presentations. Thanks to you, as well, for your generosity of spirit in receiving these presentations as worship of the God whose creative spirit is active among us. 🌈

New Council Members

Executive Team:

President: Dirk Von Below
President Elect: Kim Kindschi
Past President: Tom Pierce
Treasurer: Paul Aspinwell
Secretary: Renee Tennant

Joint Council Representatives:

Bonnie Orvick -- Community Ministry Team
Sigrid Knuti -- Financial Resource Team
Jeanne Hilton -- Worship Ministry Team
Soren Schoff -- Property Resource Team
Kay Wickland -- Lifelong Learning Ministry Team
Kathy Pielage -- Nurturing Ministry Team
Margie Czechowicz -- Serving Ministry Team
Nancy Young -- Human Resources Team
Kym Davick -- Council member at large 🌈

Interested in Becoming a Member of Bethel? If you or anyone you know is interested in becoming a member with our Bethel congregation, please call Pastor Margo or Pastor John at 608.257.3577. We will receive new members at our 11:15am worship on Sun, Mar 17. Classes for new members will be held on two Sundays (Mar 3 & 10) at 10:15am, and also on Sat, Mar 16 from 9-11am.

Bethel Camera Club Photography on Display (now-Mar 3)

You're invited! Visit the Fireside Gallery and view the new photo display by members of the Bethel Camera Club. We've selected some of our favorite photos, from our backyard flower gardens to scenes from our travels in the National Parks, Iceland, the Holy Land, Greece, and Norway. Take a few minutes before or after church, and enjoy the show!

Pentecost Room Closed - Due to a water pipe rupture in the Pentecost Room, all activities scheduled for the Pentecost Room will be relocated until further notice.

Wanted: Church Ride from Middleton Glen - A married couple who live at Middleton Glen would like a ride to and from church on Sundays. If you can help, contact Craig Gjerde at 608.833.7638 or CLGJERDE@wisc.edu.

Special Horizons 50th Anniversary Website - Bethel Horizons' Board of Directors is making plans to mark the 50th Anniversary of Horizons' founding.

- June 1 - Kickoff Celebration held at Horizons in conjunction with the annual Bike-a-thon fundraising event.
- August 30-September 2 Weekend - Plans are underway for a special staff reunion.
- October 19 - Gala to be held in Madison.

Learn more about Horizons 50-year journey and the events planned for 2019, check out www.bethelhorizons.org/50th-anniversary

Men's Current Christian Concerns (7am; Community Room)

Feb 21 - Bethel's Greening and Energy

Feb 28 - Some Reflections on the Soul

Men's Friday Book Study (Mar 1) - Will begin a new book, *Subliminal: How Your Unconscious Mind Rules Your Behavior* by Leonard Mlodinow. This is a witty presentation on the importance of the unconscious in everything we do and perceive. Come and enjoy the lively discussion as well as the rich coffee at 7am on Friday's in Rm 120.

Bethel Horizons Events: Breakfast with the Birds (Feb 23; March 9 & 23 and May 4) - Join naturalist Eric Volden for an entertaining morning of bird watching and bird lore at Bethel Horizons' Nature Center. A hearty breakfast will be served as Eric identifies birds coming to the feeders and relates bird feeding information and stories. Bring binoculars if you have them, and bird feeding stories to share. To register or for more

info contact Eric Volden at 608.574.1992. **Cost:** \$10/adult, \$6/child. **Time:** 9-11am

Rwanda Education Mission Trip Materials Needed (Feb 24 & Mar 3) Materials needed for Rwanda Education Mission trip from Mar 25 - Apr 5. School supplies, new and relevant books, dictionaries, science books with photos, etc. We will have a tabletop on Feb 24 and Mar 3 to learn more. Contact Aileen Kacvinsky at aileen.kacvinsky@icloud.com or 734.657.4606 for more info.

Social Justice Book Discussion Group (Feb 24) - *The Hate U Give* by Angie Thomas is the February book choice. We will meet Sunday, Feb 24 at 10:15am in the library to discuss this coming of age story of a young girl, caught between two worlds, who has to decide if and how she will use her voice to speak out.

The next **Synod Racial Justice Ministry educational event** will take place Sunday, Feb 24, 4-6pm at New Life Church, 7564 Cottage Grove Road, Madison. Rev. Marilyn Miller and Dr. Joyce Caldwell from the Greater Milwaukee Synod have conducted numerous anti-racism trainings for ELCA colleges, seminaries, and synods.

Blanket Workshop (Feb 28) - Consider joining us at Blanket Workshop! Anyone is welcome to drop in between the hours of 9am-2pm to help tie pre-assembled quilts for Lutheran World Relief. No sewing skills are required! If you can tie a knot you are qualified! We meet in Borgwardt Hall. Join us for this wonderful time of fellowship and mission work as we create quilts that benefit those in need around the world.

Register Now! Empowering People to Break the Bias Habit: Creating Inclusion and Reducing Bias Workshop (Mar 2)

www.bethel-madison.org/breakingbias
Caring for Social Justice (C4SJ) will sponsor a unique (and free!) Workshop for Bethel and community members on Sat, Mar 2. Two UW-Madison social psychologists will help us examine our common human challenge to acknowledge and resist prejudice and stereotyping - specifically our own personal, unrecognized, unintentional bias. Using scientific methodology, Drs. Patricia Devine and William Cox have defined the social, cognitive and cultural mechanisms that perpetuate stereotypes, and interventions that might reduce them in our society. Understanding others means first understanding ourselves. We are all vulnerable to unintentional bias; we can learn to break prejudice habits by learning to recognize the unconscious patterns and beliefs that underlie our attitudes and behaviors.

Christian Men's Fellowship (Mar 5) - Waterway of the Czars; Christian Men's Fellowship President Dave Lewke will tell us about his recent trip to Russia. Learn about the interesting palaces and cathedrals as well as the Russian countryside as he traveled a 1000 mile river cruise called the "Waterway of

the Czars". The trip spanned from St. Petersburg to Moscow. Discover facts about the Kremlin and get perspectives on Russian history, culture and economics.

Friendship Club (Mar 8) - On Mar 8, you should march over to the Friendship Club dinner. The menu is comfort food: Meatloaf, mashed potatoes with gravy, glazed carrots, salad, apple crisp. The program features Gary Lorenz trip-Cruising the Mediterranean. Please make reservations with Judi Griffin before Noon Tues, Mar 5 at 608.222.9290. Costs are \$12/ members and \$15/guests.

Community Meal Program (Mar 11) - Bethel volunteers serve the Community Meal at Luke House, 310 Ingersoll Street, once a month. The next serving date is Mar 11. Please bring your food contributions to Bethel's main kitchen on the Sunday immediately preceding that date OR no later than 10am on the day of serving. *Contact: Janet Johnson at 608.274.6745 or janetjohnson44@mac.com.*

XYZ Resumes Friday, Mar 15 - All are welcome to join us as we begin gathering weekly again. Join us for fun and fellowship!

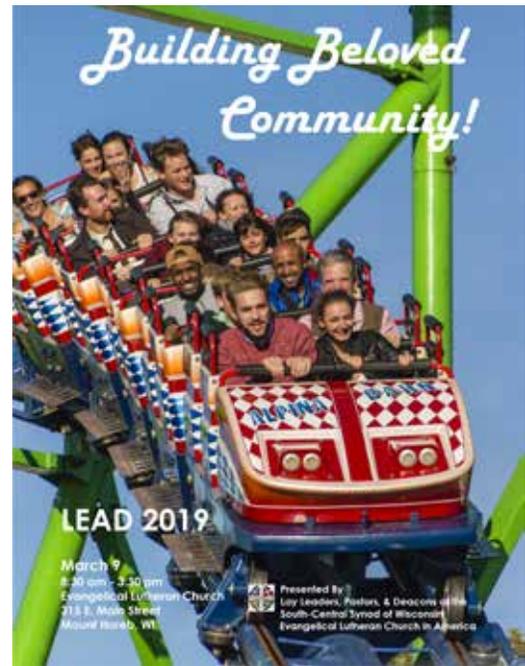
Feed & Read (Mar 18) - We meet at Noon on March 18. We'll have lunch while we discuss *Love and Ruin*, a historical novel about Martha Gellhorn, a journalist who is considered one of the great war correspondents of the 20th century. She reported on virtually every major world conflict that took place during her 60-year career. Bring a sack lunch or a dish to share.

Steensland House for Rent Starting Aug 16 - The historic Steensland House Apartments has an apartment for rent for 2019-2020 (Available Aug 16, 2019). It is located at 15 W. Gorham St, Madison WI. This 4 bed/1 bath, 1,274 sq/ft apartment includes classic design elements, beautiful crown molding, built in storage, and new appliances. A comfortable living room is perfect for relaxing or entertaining friends. Central AC, heat, internet, water, trash, electricity, and in-unit washer/dryer are included. Rent is \$2,920/month (security deposit is \$2,920). Community service hours are also needed (16 hrs/month). It is close to downtown with everything it offers. We have a parking lot that you may be able to park in for \$240/month (optional). Bike and basement storage is also available.

Reception Desk Help - We are looking for a couple volunteers available weekdays to substitute at the Reception Desk. We would train volunteers on the phone system and daily tasks. If you would like to be one of the friendly faces to welcome folks to Bethel on an occasional basis we would appreciate your time and talents. Contact recep@bethel-madison.org.

Bethel Food Pantry: Drop in the Barrel - February: Bar Soap

ATTENTION: All Congregational Leaders



What: LEAD (annual synod-wide educational event)

When: Sat, Mar 9, 2019: 8:30am-3:20pm

Where: Mount Horeb, WI (Evangelical Lutheran Church)

This is a full day of educational opportunities with our sisters and brothers from other congregations, with the focus expressed as "Building Beloved Community". Participants have more than 20 workshops from which to choose, covering a wide range of discipleship issues: social media and human trafficking, children, youth and family ministry, working with veterans and families, evangelism initiatives, racial equity, refugee crisis, gender/sexuality diversity...to name just a few.

Last year, approximately 20 Bethel leaders attended and the feed-back we received was that this was a day well-spent. Again this year, we have an anonymous donor who will pay the registration fee of \$25 for anyone who wishes to attend.

Who is invited to attend? Anyone! Anyone who cares about helping Bethel continue to engage in faithful ministry ventures. Joint and Ministry Council members as well as ministry and resource team members are certainly encouraged to attend, but that is only where the invitation begins.

Please read carefully: Deadline for registration: Thurs Feb 21. Please talk to Pastor Margo about registration details. Contact her at margo@bethel-madison.org. 🌈



BETHEL

LUTHERAN CHURCH

312 Wisconsin Avenue | Madison, WI 53703

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7 EPIPHANY

Pastor John O. Swanson - Feb 23 at 5pm - Pentecost

Pastor John O. Swanson - Feb 24 at 9am - Sanctuary

Pastor John O. Swanson - Feb 24 at 11:15am - Pentecost

TRANSFIGURATION

Pastor Margo R. Martens - Mar 2 at 5pm - Pentecost

Pastor Margo R. Martens - Mar 3 at 7:45am & 9am - Sanctuary

Pastor Margo R. Martens - Mar 3 at 11:15am - Pentecost

SUNDAY, FEBRUARY 24

7:45a Worship Service (Sanctuary)

8:00a Coffee Fellowship (Emmaus & Fireside)

Bethel Choir Rehearsal (Choir)

8:30a Childcare provided 8:30am-12:30pm (Nursery)

Library Open (Library)

9:00a Worship Service (Sanctuary)

9:30a Children's Ministry: Sunday School, Choir and
Kids Fellowship

10:15a Adult Bible Study (Rm 120)

11:00a Red & Blue Bat Choir Social (Borgwardt Hall)

11:15a Worship Service (Pentecost)

6:30p Youth Group (Fireside)

MONDAY, FEBRUARY 25

12:00p Food Pantry Open 12-3pm (M-F) (Lower Level)

4:00p Serving Ministry Team (Community)

6:00p Rebuilding - Tai Chi Fundamentals (Fireside)

6:30p Community Ministry Team (Rm 120)

TUESDAY, FEBRUARY 26

8:30a Homeless Support Services (T&TH) (Pentecost)

9:00a Library Open (Library)

1:30p Human Resources Team (Rm 120)

5:30p Women's Choir (Choir)

6:15p Rebuilding at Bethel (Library, Rm 100 & 120)

6:30p Creative Worship Singers (Choir)

WEDNESDAY, FEBRUARY 27

6:00p Bell Choir (Rm 202)

THURSDAY, FEBRUARY 28

7:00a Current Christian Concerns (Community)

8:00a Second Harvest Delivery

9:00a Blanket Workshop (Borgwardt Hall)

6:00p Call Committee (Rm 120)

7:00p Bethel Choir (Choir)

FRIDAY, MARCH 1

7:00a Men's Friday Book Study (Rm 120)

SATURDAY, MARCH 2

9:30a Food Pantry Open 9:30-11:30am (Lower Level)

1:30p Empowering People to Break the Bias Habit
Workshop (Borgwardt Hall)

5:00p Saturday Evening Worship Service (Pentecost)

Bhutanese Worship in Nepali (GS Chapel)



Hearing Loop available in all our worship spaces.

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GETTING READY FOR SUNDAY SCHOOL

Preschool: First Look

Mar Basic Truth: God made me.

Memory Verse: I am fearfully and wonderfully made. Psalm 139:14

Mar 3 Bible Story: Wonderfully Made. Psalm 139:14

Mar 10 Bible Story: Made in God's Image. Genesis 1:26; Acts 17:24;
Psalm 46:1; Proverbs 2:6

K-Grade 5: 252 Kids

Mar Life App: Discovering who you are meant to be

Memory Verse: How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well. Psalm 139:14

Mar 3 Bible Story: Image of God. Genesis 1:26-28

Bottom Line: God made me in His image.

Mar 10 Bible Story: The Lost Sheep. Luke 15:1-7

Bottom Line: God wants to have a relationship with me.