

MARCH 17: What Were You Before You Were Norwegian?

So you are a proud Norwegian or German or whatever! You may have traced your family back 2-3 generations back to the family farm. But where did your family live before that - when half of Europe was covered in ice? Where did you really come from? Our speaker, Craig Gjerde, will lead us back about two million years and follow early man as he left Africa and moved into Asia and Europe. He will tell us how the DNA found in the bone and teeth of these people and that found in your cheek cells will help in telling us the answer. Dr. Gjerde is originally from North Dakota. After he left there he was a Peace Corps volunteer in Malawi, Africa, a mathematics teacher in St Paul, and a professor in medical education—where he helped physicians to be better teachers. He enjoys languages, international cultures and travel. In this talk, he will use recent studies that use DNA evidence to help us understand how early man left Africa and moved into Europe. If you know your Y DNA, tell him so he can work you into the talk.

APRIL 7: Out of the Northwoods: The Many Lives of Paul Bunyon

Returning to the Fellowship is Michael Edmunds, writer and public historian from Madison. He has written on history, nature, folklore and is fascinated by the eccentric, unusual and atypical of both people and events. He'll describe how the private jokes of semi-literate Wisconsin lumberjacks escaped the forest to become the nation's best-known folk hero, and share some of the original stories told aloud by loggers long ago. The exploits of Paul Bunyan and his big blue ox, Babe, filled books, magazines and advertisements for the more than a century. His likeness towers over tourist attractions from Maine to Minnesota, but Bunyan was actually born in Wisconsin.

APRIL 21: Revelation – A Continuation

Bethel Lead Pastor Mike Brown returns by popular demand: Revelation is the kind of book of the Bible that you don't get into as much as it gets into you. Mind-bending, fast-paced, and thick with deep symbolic meaning, Revelation is a carnival-goers delight. Pastor Mike will offer a 40 minute immersion in this metaphorical wonderland of good news at the Christian Men's Fellowship. Join us as we continue this topic.

MAY 5: Hiking the High Country With the Boy Scouts of America

Join Fellowship member Ted Tweed and crews of Boy Scouts as they spend two weeks in the beautiful Sangre de Cristo Rocky Mountain Range of New Mexico. Philmont Scout Ranch is the original and most popular of Scouting's High Adventure bases. Young Scouts, aged 13 to 17, accompanied by a couple of adult advisors, take on the 12-day challenge of a 70 to 100-mile hike in rugged country that ranges in elevation from 6500 feet to 12,500 feet. It's a challenge that is met by Scouts from all over the world during each camping season, returning home with stories of beautiful scenery, challenging weather, bears, dehydrated food and sore feet. You can be assured that most of what you will hear is the absolute truth!

MAY 19: Always A Surprise

The final meeting of the Christian Men's Fellowship is always special and sometimes a surprise. A trip, a play, a concert, a boat trip, a museum – each year end program has been interesting and enjoyable. Plans are in the works for an outing to an area craft brewery complete with tour, facts and samples. Stay tuned as the plans progress.



CHRISTIAN MEN'S *Fellowship*

2020 SPRING PROGRAM



BETHEL
LUTHERAN CHURCH

We gather regularly for great fellowship, interesting programs, and a fine lunch.

We meet in Borgwardt Hall on the first and third Tuesdays of each month. Coffee is served and a time for visiting starts at 10:30am. At 11am, we begin with brief devotions, followed by a short business meeting. Next follows a 45 minute program on timely topics led by special guest presenters. Lunch is served at noon, and the cost is \$6.

Join Us! Bring a Guest!

Be part of this fellowship of Bethel men. The annual membership fee is just \$10.

President: David Lewke, 608.245.0287

Treasurer and Program Chair: Ted Tweed, 608.849.4868

Clergy Support: Pastor Mike Brown

JAN 7: Odd Wisconsin

Joe Kapler, lead curator at the Wisconsin Historical Society, will present some of the odd and unusual stories of Wisconsin history as represented in the Society's artifact and archival collections. Joe Kapler received a BA from Loras College (Iowa), an MA in American history from Marquette University, and an MA in museum studies from Eastern Illinois University. Joe interned in several states, spent three years at the Public Museum of Grand Rapids (Michigan), and joined the staff of the Wisconsin Historical Society in 2001. Joe has curated ten major exhibitions and numerous smaller displays. His other major responsibilities include long-range planning, developing collections, and producing content for many outlets. He recently published his first book, *Wisconsin in Watercolor: the Life and Legend of Folk Artist Paul Seifert*.

JAN 21: Overview of Tinnitus & Hyperacusis

When the auditory brain is missing sound such as in complete silence or with reduced hearing thresholds, it can create a phantom auditory perception, or in another words, tinnitus. Fifty million Americans experience tinnitus, with 20% seeking additional help from a medical professional or audiologist. In addition, 30 million Americans experience hyperacusis. The impacts of debilitating tinnitus and hyperacusis can include problems with attention, stress, anxiety, sleeping, and hearing. By understanding the mechanisms of neurophysiological tinnitus & hyperacusis and using personalized management strategies, one can habituate to the reactions of tinnitus and hyperacusis. Dr. Jon Douglas is a Clinical Associate Professor in the Department of Communication Sciences and Disorders and Waisman Center at UW and is a consultant at Central Wisconsin Center, with more than 13 years of experience in the field of audiology. Brianna Ralston is a 3rd year doctoral student at UW-Madison. She has had mixture of clinical experience across the lifespan including specialties such as autism spectrum disorder, pediatrics, complex-care systems, tinnitus, and cochlear implants.

FEB 4: I Scream, You Scream, We All Scream for Ice Cream

John Thomsen is a third-generation ice cream maker at Schoep's Ice Cream. He was born and raised on the east side of Madison. He graduated from east High and later Carthage College (Kenosha) with a BA degree in history. After 1 one half years in seminary, decided on a less extroverted profession and returned to Madison to make ice ream with the family business. He has also been fortunate to have lived and worked Wyoming, the Pacific Northwest, Northern Minnesota and Northern Wisconsin. Come learn everything you need to know about ice cream. Will we have samples? Who knows?

FEB 18: Biking With Bucky

David Mossner enjoys combining two of his favorite things – biking and photography – that became the motivation to ride from his home in Verona to all 85 Bucky statues on display in the 2018 Bucky on Parade. You get to take the same trip without wearing bike shorts; getting sweaty; or climbing hills. In Biking to Bucky on Parade, Dave learned interesting things about Bucky and is now looking forward to sharing them. Mossner is the Development Director with the Oakwood Foundation at Oakwood Village. He and his wife, Rhonda, live in Verona.

MARCH 3: The Viking Sword That Wasn't

Marcus Cederström earned his B.A. from the University of Oregon in Sports Business, History, and Scandinavian Studies and his M.A. and Ph.D. in Scandinavian Studies from the University of Wisconsin–Madison. He is a folklorist working in the Department of German, Nordic, and Slavic at UW-Madison as the community curator of Nordic-American folklore for the “Sustaining Scandinavian Folk Arts in the Upper Midwest” project. In 1911, a sword was dug up in the prairie of Minnesota. Not long after, it was declared a Viking-Age sword. But in 2007, that all changed. This talk explores what happened and what it can tell us about Nordic-American life in the Upper Midwest.